



Rachel Bourke is an inspirational facilitator, speaker and peak performance coach, teaching others the most effective techniques for optimal performance, influence and sales success.

With a proven track record in business, Rachel has worked with a diverse international client base, from large corporates such as L'Oreal and The Royal Bank of Scotland to award winning boutique businesses, with spectacular results including 100% growth year after year for some of her entrepreneurial clients.

Following University Rachel started her career as the Founder and MD of *Inner Energy Fitness*, one of Sydney's most successful Personal Fitness Training companies. After 10 years of fitness Rachel engaged in further studies with world leading trainers in Meta Coaching, Neuro Linguistics (NLP) and Neuro Semantics. Today Rachel is a highly regarded Peak Performance Coach and sought after Sales Specialist.

Combining advanced techniques of NLP with the latest research in Neuroscience, Rachel's clients flourish under her expert coaching, tuition and unwavering commitment to optimal performance.

Rachel's mission in the sales arena is to show that being skilful when selling is enjoyable, trainable and hugely rewarding.

On a personal level Rachel has a gorgeous young daughter, is a passionate equestrian, avid reader, snow skier and a lover of travel and adventure.

Qualifications:

BA (Human Movement Studies) University of Technology, Sydney

Diploma of Education (Physical Education) University of Technology, Sydney.

Associated Certified Meta – Coach (Coaching Mastery) -International Society of Neuro-Semantics, USA.

Trainer of Neuro-Semantics - International Society of Neuro-Semantics, USA.

Member of the International Society of Neuro-Semantics.

Trainer and Master Practitioner of Neuro Linguistic Programming.

